



Get Your Swing in Gear

By Rob Bernard

AUTHORHOUSE, United States, 2009. Paperback. Book Condition: New. 224 x 150 mm. Language: English . Brand New Book ***** Print on Demand *****. Rob -Thanks for the great lesson. I progressed further in 30 minutes with you than I have in the last three years of trying to teach myself and by reading all the confusing information out there. Being a sports medicine expert I can also say that your method is very back friendly and biomechanically sound. Keep spreading the word. - Dr. Ron Spallone COG is Simple, Accurate, and Easy to remember. It Straighten out the slice I had for years and dramatically improved my short game. - Kevin Jordan - Entertainer/Comedian, The Ice House Your instruction helped me to set a NEW COURSE RECORD! Being 62, you can only imagine the fanfare and recognition I received by shooting only 1 shot off my age! I appreciate your tips and I use your great system every day! - Don Forrest Robs COG System stabilized my golf swing instantly resulting in consistent and crisp ball striking. Not only did it help me shoot a 68 in my last competitive round, I use his system every day to help my...



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Basically no words to describe. It is filled with knowledge and wisdom I am just pleased to let you know that this is actually the greatest publication i have read within my individual lifestyle and may be he best publication for at any time.

-- Prof. Ron Gaylord II

A top quality publication and also the font employed was interesting to learn. It is really simplistic but excitement within the fifty percent from the book. Its been designed in an remarkably basic way in fact it is only following i finished reading this pdf where in fact changed me, modify the way i believe.

-- Rachel Stiedemann

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