



How the Root of Kindness Works: The Virtue to Benefit Others (Hardback)

By Janet Kathleen Ettele

Karuna Publications, United States, 2012. Hardback. Condition: New. Language: English . Brand New Book. What does a Les Paul guitar have to do with the path to enlightenment? One might say the stars and planets aligned the day Maggie took Troy to her favorite second-hand shop to introduce him to Abe, the shop owner. Browsing through Abe's shop, Troy discovers a weathered and dusty guitar case and opens it to find a vintage Les Paul guitar. Troy is a college student and low on cash, so Abe gives him the opportunity to barter for the purchase. A Vietnam veteran who is well into his sixties, Abe has strength and energy that defy his years. He and Troy spend two long days working together to move furnishings from a home into Abe's shop. Through conversations that flow from the Vietnam War to Kerouac and to Buddha, Troy learns that there is a way to turn the pain of loss and dark regrets into a path where kindness replaces grief and compassion replaces fear. Although Troy never served in war, he carries dark regrets of his own. Inspired by Abe's ability to be happy even after the horrors and...

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