



The 7 Ultimate Rules to Overcoming Shyness and Becoming a Social Beast (Paperback)

By Darius Devian

Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. The 7 Ultimate Rules To Overcoming Shyness And Becoming A Social Beast This book is for all. But particularly for those who are blamed to be shy, socially awkward or inapt for any reason. They may be introverts, meek, submissive or disturbed. Even people who are good at conversations, friendships and extroverts may feel shy sometimes. This creates hurdles for them because being a social beast and a bold person is considered as a great strength nowadays. A survey report compared such people with their opposites and found that they are likely to be more successful than others. So, why not to learn the rules to being social and overcome shyness. Often times, we fail to enjoy life fully just by being shy. It keeps us away from developing our social skills as well. And creates more hurdles for us in our social life. For instance, we become shy to meet with people; distant ourselves from them lose confidence in our skills and slowly become a socially awkward person. We develop negative feeling about ourselves like people will not like us...



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