



## The Breakup Blueprint: How to Survive Any Breakup and Get Back in the Game

By Patrick King

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Are you still thinking about HER? That special girl who left you, broke up with you, or even worse.cheated on you? Are your feelings for your ex affecting your life? Can t think, can t sleep, can t function? Is every little random thing reminding you of her? What about overcoming those painful memories and emotions? Are you ready to get over your breakup and move on? Breakups cause tons of emotional and psychological damage that shatter your sense of security, making you feel helpless and afraid. We re never really taught how to cope with breakups yet we re expected to just deal with it when it happens. I m here to tell you that you don t need to deal with it alone. The BREAKUP BLUEPRINT is a comprehensive guide to help you survive any breakup and get over your ex. Years of dating and relationship coaching have led me to the extremely intuitive and advanced guidelines I present through my 12 simple steps - and they are unlike the generic advice presented anywhere else. It...



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