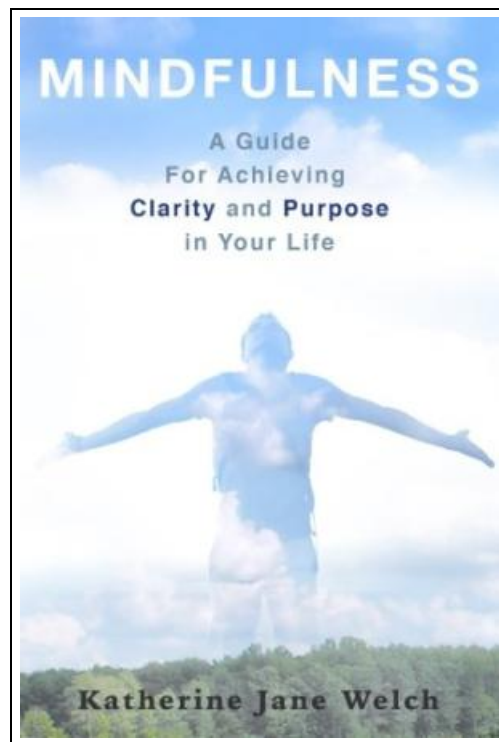


## Mindfulness: A Guide for Achieving Clarity and Purpose in Your Life



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