



## Intricate Coloring Book for Adults Vol 1 (Paperback)

By Art Therapy Coloring

Art Therapy Coloring, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Intricate Coloring Book Vol 1 Intricate Coloring Book Vol 1 is an adult coloring book that has a wide variety of beautiful designs that are enjoyable to color. It contains everything from intricate mandala designs, zen doodle designs, floral designs, paisley designs, animal illustrations, dream catchers, and more. Adults of all ages will find something that they would like to color in this adult coloring book. Many of the designs are incredibly intricate and offer hours of coloring fun for any adult. Other designs in this coloring book are less intricate, but provide a good balance of less complex coloring pages and more complex coloring pages. Coloring Relieves Stress Coloring in adult coloring books is a fun and relaxing activity that has become a favorite pastime for adults all around the world. It is relaxing to come home and sit down to color in an adult coloring book after a long and stressful day at work. Many people like to relax before bedtime while they color a complex coloring page in their adult coloring book. Coloring is an incredibly mindful activity...



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