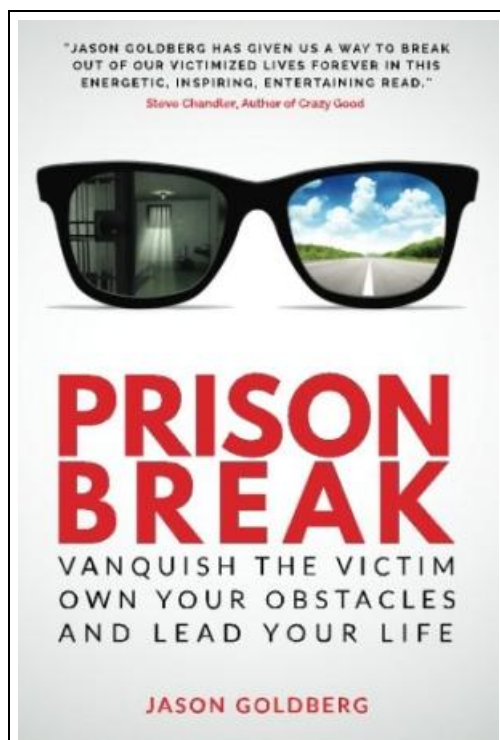


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PRISON BREAK: VANQUISH THE VICTIM, OWN YOUR OBSTACLES, AND LEAD YOUR LIFE (PAPERBACK)



Createspace Independent Publishing Platform, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.

Jason Goldberg has given us a way to break out of our victimized lives forever in this energetic, inspiring, entertaining read. -Steve Chandler, Author of Crazy Good ----- Writing this book is quite possibly the most selfish thing I have ever done. After living the first 30 years of my life as a Prisoner of circumstance - blaming everyone and everything around me for my hopelessness, my anger, my stress and even my obesity; waiting to finally get a break and confidently proclaiming that my victim personality was permanent and just the way I am (I m sure none of you reading this can relate) - I finally discovered the simple and powerful distinction that helped me transition from a helpless, exhausted, overwhelmed and overcommitted Prisoner to a creative, conscious, and courageous Self-Leader. While it s true that as a speaker, trainer and coach, I could tell you I wrote Prison Break because I was so passionate about sharing with you what I know has been THE most pivotal piece of my personal transformation, it s only half of the self-serving story. I also wrote it because it is the book I needed to read (and will no doubt refer to for the rest of my life for a gentle reminder.or forty) to help me see through the lies, myths, and fundamental misunderstandings I held for so long about how the world worked. (Spoiler: It never seemed to work for me until I developed this new understanding; these new tools). What you will find in this book is not an instruction manual but rather a destruction manual--breaking down the self-imposed walls and barriers that I worked so tirelessly to erect over...



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