



Journeys Under the Spirit Tree (Paperback)

By Leonie Cole

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Ever wanted to really get inside someone's head? Do they see the same things as you? What about during daydreams? Or meditations? What about during trances? And is it something anyone can do? (It totally is, by the way!) In Journeys under The Spirit Tree, Meditation Spiritual Development Teacher and Reiki Master Leonie Cole, shares a selection of her own meditation experiences spanning 10 years, as well as tips for trying meditation for yourself, and some of her own meditation scripts for your own use. If you're ready, the Universe is your oyster!.



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